



Mini Shape

Skill – Attacking Fundamentals

TYPE

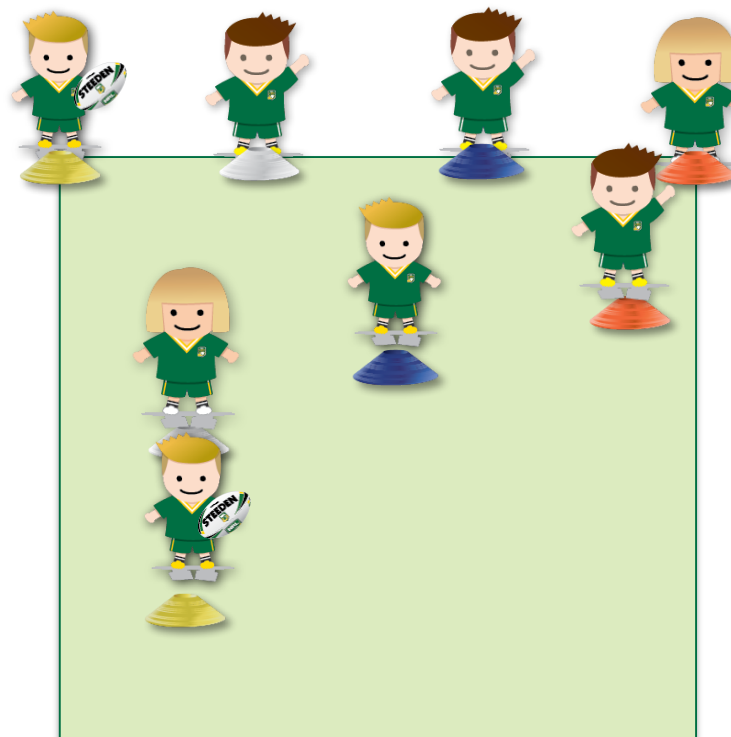
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AGE

6+

Description

- » 4 players line up on the colored markers. Yellow is playing the ball, white is dummy half, blue is first receiver, and red is second receiver.
- » These 4 players simulate a play and the second receiver runs to score a try and the try line.
- » The next group then runs out and simulates another play.



Field Size

(10m)



(10m)

Players



You need 4 players for each line

Progression

- » Add a defender to the mix
- » Have all 4 players run through the try line after the play the ball, promoting support play.

Equipment



x (10) Markers



Whistle



x (2) Footballs



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