



# Aeroplane Wings

## Skill - Catching and Passing

TYPE  
**Closed**

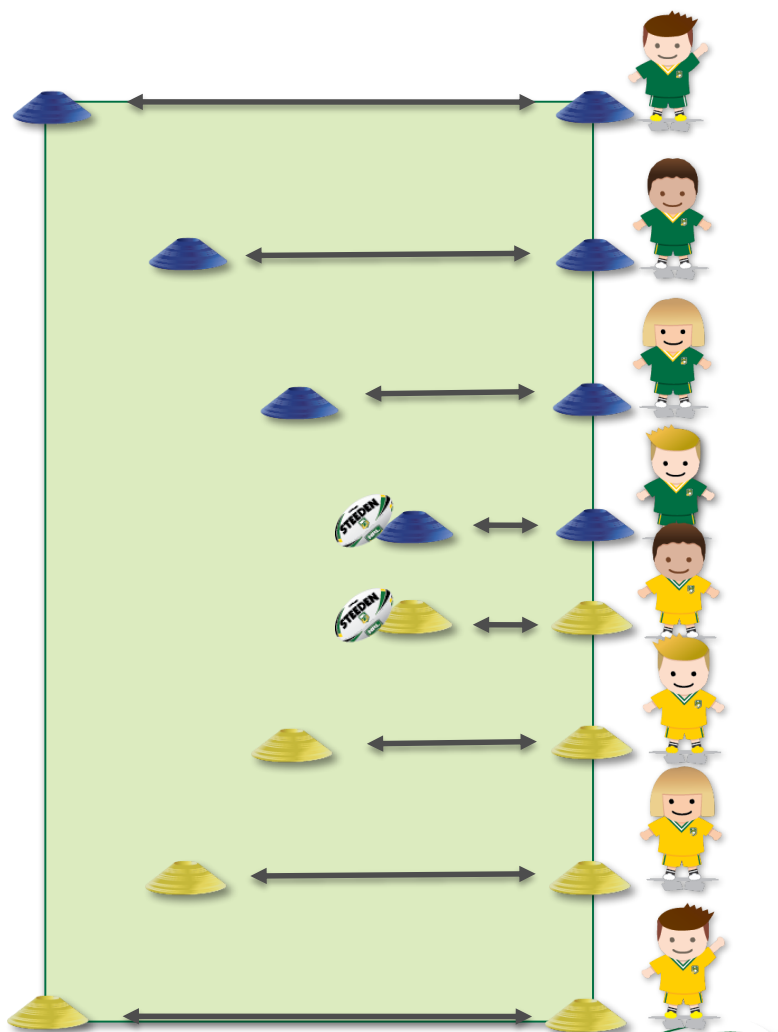
AGE  
**9+**

## Description

- » Set up two groups opposite each other.
- » All players run out to their marker directly in front of them, with the closest player picking up the ball.
- » All players turn around and pass the ball down the line whilst staying straight with their dome.

## Progression

- » Turn this into a race between the two teams
- » Add a defender as a 5<sup>th</sup> player on each team.



### Field Size

(20m)

(10m)

### Players



x (4  
minimum)



x (4  
minimum)

### Equipment



x (16) Markers



Whistle



x (1) Football Per Group



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