



# Tackle Challenge

Skill – Tackle

TYPE

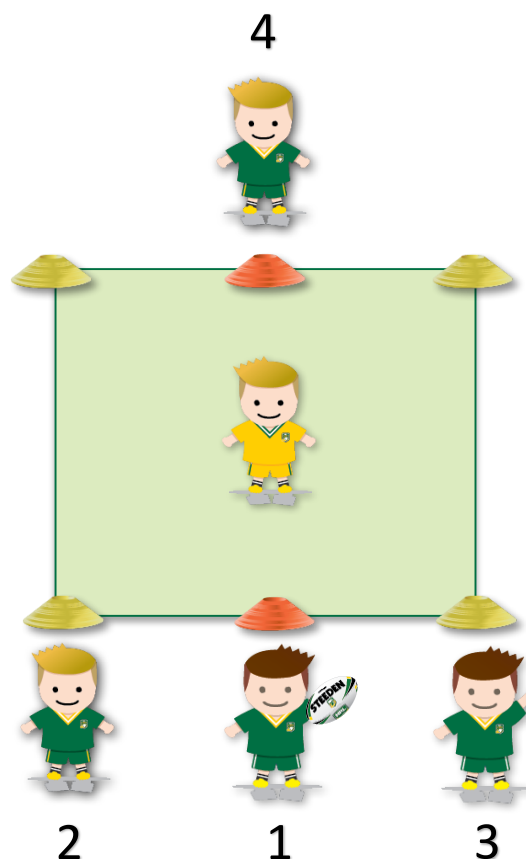
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AGE

11+

## Description

- » The yellow player is the defender.
- » Each of the green players takes turns to run past the defender.
- » Green player number one runs forward so the yellow player can attempt a front on tackle.
- » Once they are tackled, the pass the ball to the next person.
- » Green player number 2 runs forward and the yellow player attempts a side on tackle. Followed by player 3.
- » Then player 4 turns around runs away so the yellow defender can attempt a rear tackle.



## Logistics

(10m)



(10m)

## Players



You need 5 players per group

## Equipment



x (6) Markers



Whistle



x (4) Footballs



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