

## Tackle Triangle

Skill - Tackle

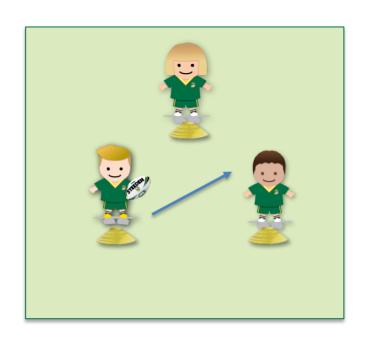
TYPE

Closed

AGE 13+

## Description

- » 3 players per group, you can make as many groups as needed.
- The players pass the ball around the triangle until the coach blows his whistle.
- » The player who has the ball runs at the gap between the remaining two players.
- The two players without the ball then effect a two person tackle on the ball carrier.
- » Once completed, reset and go again.









You need 3 players for each group





x (3) Markers



Whistle



x (1) Football per group

