



Grid Grip - Pairs

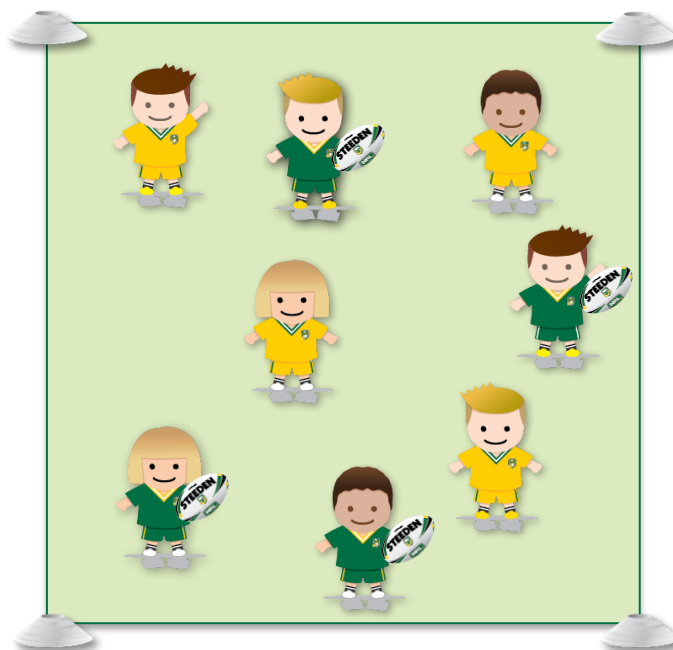
Skill – Grip & Carry

TYPE
Open

AGE
6+

Description

- » Every green player starts with the ball and they have a yellow partner.
- » When the activity starts, the green players are able to run around the grid with the ball in two hands.
- » The yellow partner players must attempt to knock the ball out of each players hands.
- » Yellow players count how many knockdowns they achieve.



Field Size (10m)



(10m)

Players



You can add as many players as needed

Equipment



x (4) Markers



Whistle



x (1) Football per tagger



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