



# Scramble

Skill - Carry, Grip, & Evasion

TYPE

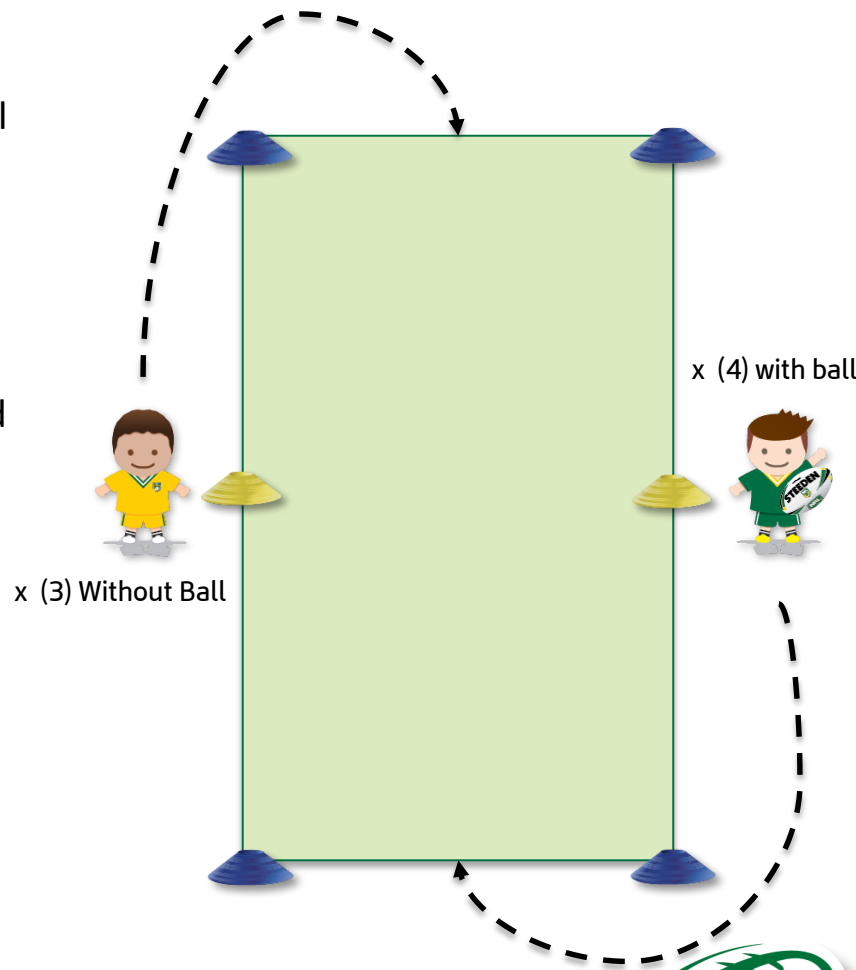
Open

AGE

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## Description

- » Attackers (green), start with the ball on one side. Defenders (yellow), start on the other side.
- » On go, 4 attackers and 3 defenders run around their corner and into the grid.
- » Attackers attempt to score a try and the defenders attempt to stop them.



## Progression

- » You can increase or decrease the field size.
- » You can increase or decrease the amount of players that go each time e.g. 6 v 3, or 2 v 2.

### Field Size

(10m)



(20m)

### Players



x (4) With ball



x (3) Without Ball

### Equipment



x (6) Markers



Whistle



x (4) Football



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