



Scramble (13+)

Skill – Passing & Evasion

TYPE
Open

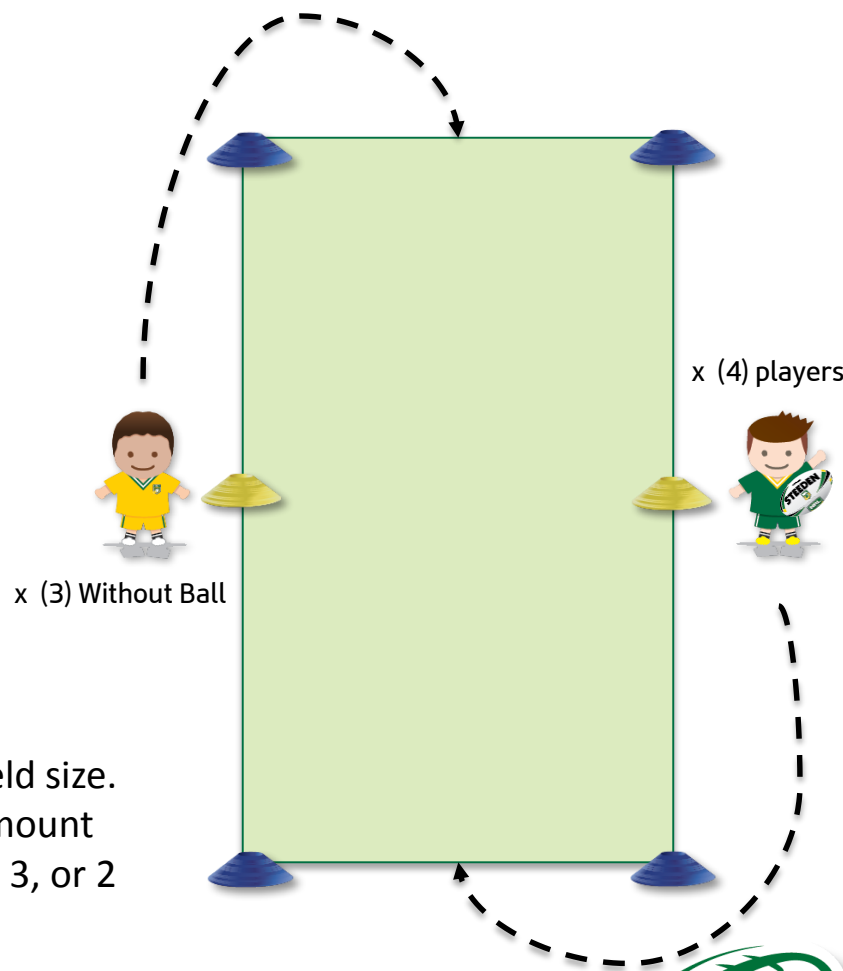
AGE
13+

Description

- » Attackers (green), start with the ball on one side. Defenders (yellow), start on the other side.
- » On go, 4 attackers and 3 defenders run around their corner and into the grid with one football between them.
- » Attackers attempt to score a try and the defenders attempt to stop them.

Progression

- » You can increase or decrease the field size.
- » You can increase or decrease the amount of players that go each time e.g. 6 v 3, or 2 v 2
- » Allow more than 1 play per group.



Field Size

(10m)



(20m)

Players



x (4) attackers



x (3) defenders

Equipment



x (6) Markers



Whistle



x (1) Football



Click to watch the video



PLAYNRL.COM