



Numbers in Tackles

Skill - Tackle & Defensive Fundamentals

TYPE
Game

AGE
10+

Aim

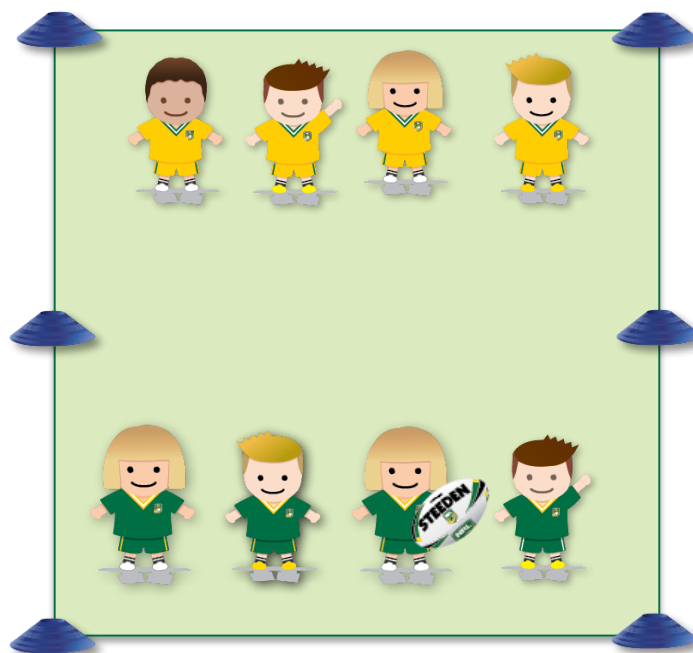
- » Improve your team defense by encouraging your team to have multiple players engaged in a tackle.

Description

- » Defending team must ensure that there are 2 people in each tackle.

Consequence

- » If there is only one tackler, the attacking team receives a penalty and the tackle count restarts.



Equipment



x (6) Markers



Whistle



x (1) Football

Players



The coach can determine the amount of players per team. Usually you will just split the players into two even teams.

How to Stop Play

You can choose between touch, tag, 2 hand touch, tackle or any other.

How to Restart Play

You can choose between play the ball, hit the ground and then play the ball, tap, or any other.

Amount of Plays

Coach to choose how many plays each team receives per set.



Click to watch the video



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