

Offloads Game

Skill - Catching, Passing, & Attacking Fundamentals

TYPE

Game

AGE

10+

Zin

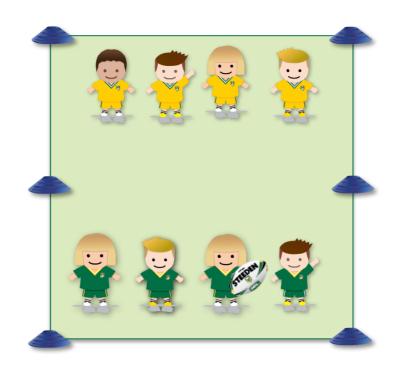
» Improve your teams offloading ability and support play.

Description

» Attacking team must offload the ball at least twice in a set of six.

Consequence

» If they don't, the defending team are awarded the football.



Equipment



x (6) Markers



Whistle



x (1) Football

Players



The coach can determine the amount of players per team. Usually you will just split the players into two even teams.

How to Stop Play

You can choose between touch, tag, 2 hand touch, tackle or any other.

How to Restart Play

You can choose between play the ball, hit the ground and then play the ball, tap, or any other.

Amount of Plays

Coach to choose how many plays each team receives per set.

