



One on One Tackle Game

Skill - Tackle

TYPE
Game

AGE
10+

Aim

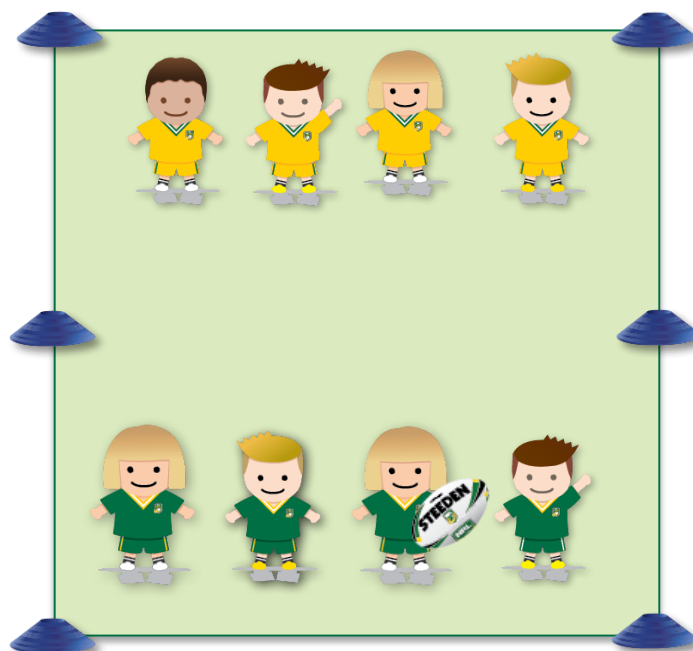
- » To place players in a game situation where they are forced to attempt a one on one tackle.

Description

- » Only one on one tackles are allowed. No second defender in a tackle.

Consequence

- » If a second defender comes into a tackle, it will be a penalty to the attackers.



Equipment



x (6) Markers



Whistle



x (1) Football

Players



The coach can determine the amount of players per team. Usually you will just split the players into two even teams.

How to Stop Play

You can choose between touch, tag, 2 hand touch, tackle or any other.

How to Restart Play

You can choose between play the ball, hit the ground and then play the ball, tap, or any other.

Amount of Plays

Coach to choose how many plays each team receives per set.



Click to watch the video



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