



Defenders out Game

Skill – Passing, Tackle, Attacking & Defensive Fundamentals

TYPE

Game

AGE

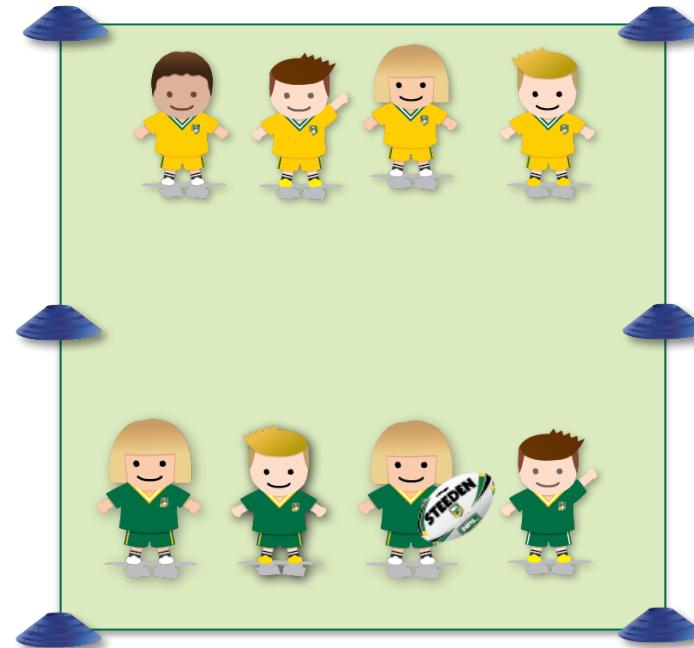
9+

Aim

- » For attackers to strategically take advantage of gaps created in the defensive line.

Description

- » Two teams play normal Rugby League.
- » When a defender stops an attacker, that defender must run to their own corner post and can no longer participate in that set.
- » As soon as that set is over, the players are allowed back in the game.



Equipment



x (6) Markers



Whistle



x (1) Footballs

Players



The coach can determine the amount of players per team. Usually you will just split the players into two even teams.

How to Stop Play

You can stop play by a tackle, tag, or touch.

How to Restart Play

You can choose between play the ball, hit the ground and then play the ball, tap, or any other.

Amount of Plays

Coach to choose how many plays each team receives per set.



Click to watch the video



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