



1 Tag Offload Game

Skill - Attacking & Defensive Fundamentals

TYPE
Game

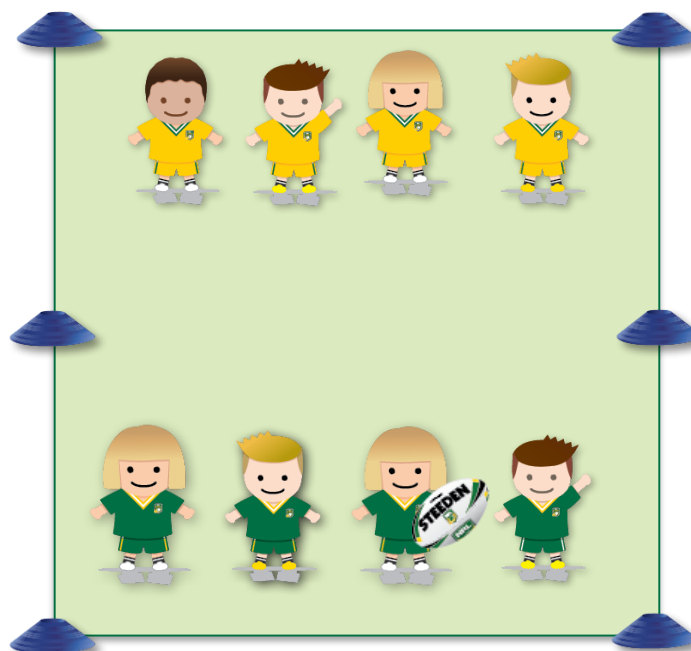
AGE
8+

Aim

- » Defenders must work to ensure they shutdown the play before an offload takes place.

Description

- » Each player starts with two tags on.
- » Each defender can only take on tag per play.
- » Once one tag is removed, an attacker must stop, but can offload the ball. Once the second tag is taken, the player must play the ball.



Equipment



x (6) Markers



Whistle



x (1) Footballs

Players



The coach can determine the amount of players per team. Usually you will just split the players into two even teams.

How to Stop Play

By removing an attackers Tag.

How to Restart Play

You can choose between play the ball, hit the ground and then play the ball, tap, or any other.

Amount of Plays

Coach to choose how many plays each team receives per set.



Click to watch the video



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