



2 Colour Tag Game

Skill - Attacking & Defensive Fundamentals

TYPE
Game

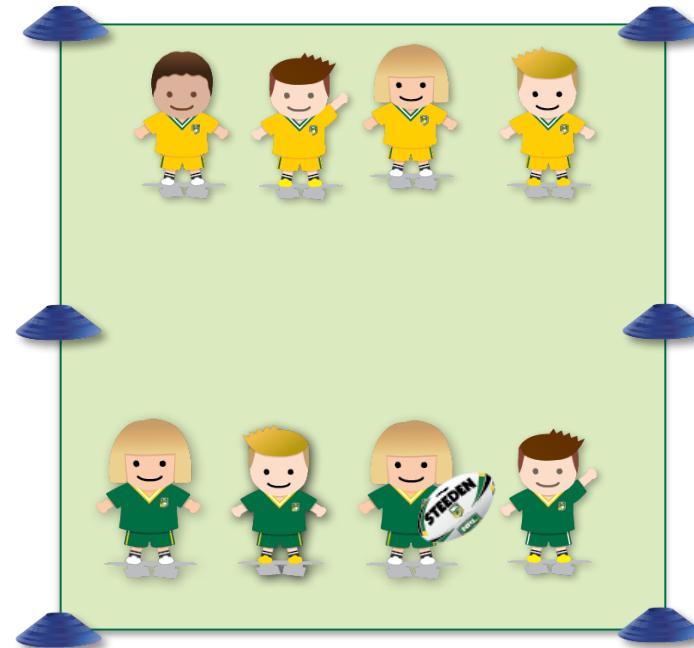
AGE
8+

Aim

- » Players to strategically consider their attacking positioning to take advantage of the rule.

Description

- » Each player starts with two different coloured tags on.
- » The coach yells out a colour. Only that colour tag can be removed to effect a tackle.
- » The coach can yell a new colour each tackle, or for a whole set.
- » Both attack and defense need to adjust to the changes.



Equipment



x (6) Markers



Whistle



x (1) Footballs

Players



The coach can determine the amount of players per team. Usually you will just split the players into two even teams.

How to Stop Play

By removing an attackers Tag.

How to Restart Play

You can choose between play the ball, hit the ground and then play the ball, tap, or any other.

Amount of Plays

Coach to choose how many plays each team receives per set.



Click to watch the video



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