



# 2 v 1 Triangle

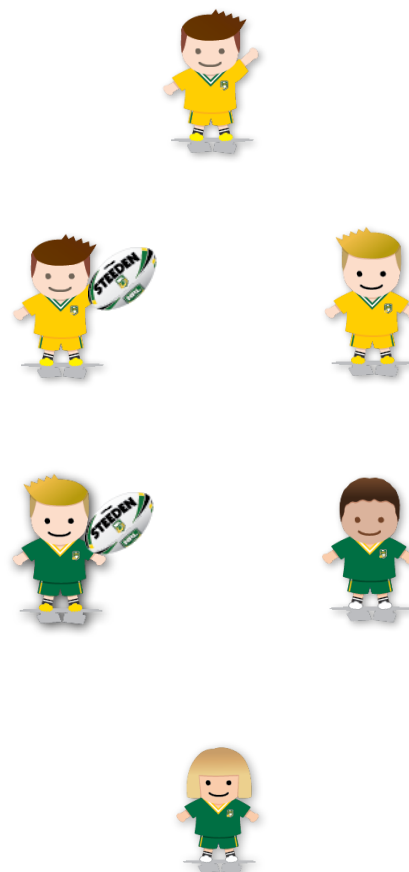
## Skill – Catching and Passing

TYPE  
**Open**

AGE  
**13+**

## Description

- » Players set up in a group of 3, forming a triangle around 5m apart from each other
- » When the coach says go, players pass the ball around the group.
- » When the coach says stop, the player who has the ball becomes an attacker, and the player who passed the ball to him is the defender. The 3<sup>rd</sup> player, becomes the support player.
- » The player with the ball attacks the defender and uses the support player for a 2 v 1 situation.
- » Players then reset and go again.



## Logistics

(20m)



(10m)

## Players



3 x Players per group

## Equipment



x (0) Markers



Whistle



x (1) Football



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