

Mixed Gender Policy.

TYPE OF POLICY	Participation	
EFFECTIVE DATE	5 th February 2019	
LAST REVISED	October 2019	
NEXT REVIEW	October 2020	
POLICY OWNER	Australian Rugby League Commission	
POLICY CONTACT	NRL Participation & Game Development Operations Manager	

A. REASON FOR POLICY

This policy outlines the ages at which mixed gender participation in Rugby League is permitted.

B. POLICY STATEMENT

This policy provides a definitive position on mixed gender participation in the game of Rugby League.

C. SCOPE

This policy is applicable to all Rugby League participants yet to attain the age of 13 years.

D. DEFINITIONS

MIXED GENDER COMPETITION	Rugby League (tackle) competitions where male	
	and female competitors can participate in the	
	same teams. There is no exclusion based on	
	gender or gender identity.	

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E. FORMS/REFERENCES

FORM TITLE	LINK	
Laws of the Game Junior Rugby League	https://playrugbyleague.com/referee/laws-of- the-game/	

F. POLICY HISTORY

PARTICIPATION POLICY IDENTIFICATION NUMBER	VERSION	RELEASE DATE	AUTHOR
			National Participation
P011	1.0	5 th February 2019	Policy Committee

MIXED GENDER POLICY

1.0. INTRODUCTION

Rugby League is a sport that provides participation opportunities for children. This policy provides detail for the provision of mixed gender participation in the same competitions and the circumstances in which participants will be excluded from participation in mixed gender competitions because the strength, stamina or physique of competitors is relevant in those competitions.

2.0. MIXED GENDER PARTICIPATION

Males and females can participate in Mixed Gender Rugby League Competitions (tackle) up to and including the calendar year (1 January to 31 December) in which they attain the age of 12 years.

3.0. EXCLUSION PROVISIONS

The attributes of the strength, stamina and physique of competitors are deemed to be relevant in the game of Rugby League. As a result, participants can be lawfully excluded from competing in Mixed Gender Competitions in the calendar year (1 January to 31 December) after the year in which they attain the age of 12 years and subsequent calendar years thereafter.

These exclusion provisions comply with section 42 of the Sexual Discrimination Act 1984 (Cth).















