



# NRL ASSESSMENT



Foundation 1





# National Rugby League - Assessment Sheet

## Foundation 1

RUCK COMMUNICATION				
	F1 Standard	Above Expectations	Meets Expectations	Below Expectations
Use One Step/Two Step Vocab on relevant tackle types	Sometimes			

PLAYER COMMUNICATION				
	F1 Standard	Above Expectations	Meets Expectations	Below Expectations
Is clear and concise in their delivery	Sometimes			
Uses effective communication to control 5m/10m	Sometimes			

LAWS KNOWLEDGE				
	F1 Standard	Above Expectations	Meets Expectations	Below Expectations
Correctly applies the Laws of the game	Consistently			
Correctly implements and enforces the Safeplay Code (where applicable)	Consistently			
Appropriately applies advantage play under the Safeplay Code (Where applicable)	Sometimes			

MOVEMENT/POSITIONING/URGENCY				
	F1 Standard	Above Expectations	Meets Expectations	Below Expectations
Chooses appropriate positions around the goal line	Sometimes			
Moves around the field in an effective manner	Sometimes			
Follows the National Methodology in regard to movement patterns around scrums, penalties, free kicks, starts and re-starts of play	Sometimes			
Displays urgency in their movement	Sometimes			



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5 METRES/10 METRES				
	F1 Standard	Above Expectations	Meets Expectations	Below Expectations
Is appropriately positioned on the 5/10m line	Sometimes			
Seeks to proactively control players on the 5/10m	Sometimes			
Sets the 5/10m distance early when able to	Sometimes			
Sets an appropriate 5/10m distance	Sometimes			
Maintains a good presentation of the 5/10m	Sometimes			
Appropriately identifies the impact of the offside player	Sometimes			

WHISTLES/SIGNALS				
	F1 Standard	Above Expectations	Meets Expectations	Below Expectations
Has a clear and audible whistle	Usually			
Uses signals clearly and correctly	Sometimes			
Uses whistle and signals to display control and manage the game	Sometimes			
Is well presented, wearing appropriate uniform/attire	Usually			



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COMMENTS	

ASSESSMENT SIGN OFF			
Team 1		Team 2	
Age Group		Venue	
Referee Name		Signature	
Assessor/Coach Name		Signature	
Date of Assessment		Database updated (Date)	