

League & Club Checklist

The advice of your relevant State and Local authority must be considered when implementing this guide.

Any person displaying respiratory symptoms (no matter how mild) such as cough, sore throat, shortness of breath, runny nose etc or fever or gastrointestinal symptoms (eg diarrhea or vomiting) or loss of smell and/or taste or flu like symptoms such as muscle aches or fatigue or other possible signs of COVID 19, who has travelled internationally or been in direct contact with a known case in the last 14 days must not attend clubs or training and should seek medical advice

GENERAL:

Are you able to nominate a COVID-19 Safety Coordinator?

- The COVID-19 Safety Coordinator should ensure that their organisation review the Checklist as it contains a range of critical considerations that all sporting organisations should take into account in determining their return to sport arrangements. Click <u>HERE</u> for the full Checklist
- Advise members to download the COVIDSAFE APP.
- Recommended members receive the Fluvax (influenza vaccination)
- Provide club members and community with access to the COVID-19
 Guidelines.
- Can competition commencement be delayed to allow for adequate preparation for contact training to take place, particularly in age groups who are not subject to the Safe Play Code?
- ☑ Can a modified version be delivered in earlier games to minimise injury risk?
- Identify any members who have been in contact with COVID-19
- Have a communications process in place for confirmed cases.





- Are you able to identify an unwell participant/attendee area that isolates the affected person until their departure?
- ✓ Pre-return screening of any members that have had COVID 19 by their doctor using a multidisciplinary specialist assessment approach
- Vulnerable group caution Athletes/other personnel with concurrent medical conditions including; respiratory or cardiac disease, hypertension, diabetes, obesity and immunosuppression due to disease or medication may be at increased risk. Other groups that require special consideration include; individuals over 70 years of age, carers for or a household contact of a vulnerable person, athletes with suboptimal access to medical care (e.g. remote) and Aboriginal and Torres Strait Islander communities Set up contactless payment options.

FINANCIAL:

- Do you know what the return to sport measures will cost?
- Have you adjusted budgets as necessary?
- Do you need to communicate to members any financial changes?
- Does your Club League have the necessary finances to participate in 2020?
- Have you addressed this with your governing League?
- Are you aware of any/all available Government Funding opportunities?

TEAM NOMINATIONS & CHANGES:

- Can your club participate in an altered season (length, start and finish dates)?
- Confirm all team nominations.
- Discuss any challenges around team nomination due to player or volunteer





numbers with your League.

✓ Inform your League of any team withdrawals due to COVID-19.

REGISTRATIONS:

- Ensure your registrations are open on MySideline.
- Ensure all volunteers are properly registered for the 2020 season.
- Check all volunteers accreditations and WWCC are valid.

TRAINING:

☑ Do you have a training plan/schedule in place to maximise the available space and minimise the number of people attending at any one time?

PLAYING APPAREL:

- Do you have a cleaning and hygiene plan for the equipment used for each team?
 (Consider having players wash their own playing uniforms)
 - · Jerseys
 - · Shorts
 - · Socks
 - Bibs (no sharing of DH/FR bibs during games. Multiple pairs if bibs required)
 Note: This can be normal cleaning / washing in a separate washing load (used training and match clothing used to be taken home in a plastic bag (bag thrown away) or cloth bag (washed with clothes).
 - Wear PPE such as gloves when washing clothes and perform perform appropriate hand hygiene afterwards
 - · Ensure personal clothing does not contact the used clothing





- · Ensure personal clothing does not contact the used clothing
- ☑ No sharing of head-gear, mouthguards, guards or any other personal protective equipment

No sharing of head-sets/ear-phones/whistles etc.

